Many people believe that, at its core, biological sex is a fundamental force in human development. According to this false-yet-familiar story, the divisions between men and women are in nature alone and not part of culture. Drawing on evolutionary science, psychology, neuroscience, endocrinology, and philosophy, Testosterone Rex disproves this ingrained myth and calls for a more equal society based on both sexes' full human potential.

"A bold and subversive retelling of the goddess's story," this #1 New York Times bestseller is "both epic and intimate in its scope, recasting the most infamous female figure from the Odyssey as a hero in her own right" (Alexandra Alter, The New York Times). In the house of Helios, god of the sun and mightiest of the Titans, a daughter is born. But Circe is a strange child -- not powerful, like her father, nor viciously alluring like her mother. Turning to the world of mortals for companionship, she discovers that she does possess power -- the power of witchcraft, which can transform rivals into monsters and menace the gods themselves. Threatened, Zeus banishes her to a deserted island, where she hones her occult craft, tames wild beasts and crosses paths with many of the most famous figures in all of mythology, including the Minotaur, Daedalus and his doomed son Icarus, the murderous Medea, and, of course, wily Odysseus. But there is danger, too, for a woman who stands alone, and Circe unwittingly draws the wrath of both men and gods, ultimately finding herself pitted against one of the most terrifying and vengeful of the Olympians. To protect what she loves most, Circe must summon all her strength and choose, once and for all, whether she belongs with the gods.
she is born from, or the mortals she has come to love. With unforgettably vivid characters, mesmerizing language, and page-turning suspense, Circe is a triumph of storytelling, an intoxicating epic of family rivalry, palace intrigue, love and loss, as well as a celebration of indomitable female strength in a man's world. #1 New York Times Bestseller -- named one of the Best Books of the Year by NPR, the Washington Post, People, Time, Amazon, Entertainment Weekly, Bustle, Newsweek, the A.V. Club, Christian Science Monitor, Refinery 29, Buzzfeed, Paste, Audible, Kirkus, Publishers Weekly, Thrillist, NYPL, Self, Real Simple, Goodreads, Boston Globe, Electric Literature, BookPage, the Guardian, Book Riot, Seattle Times, and Business Insider.

A guide to men/women relationships challenges the victim/oppressor mindset and offers a new perspective on the roots of gender conflict, explaining how to understand gender differences and forge deeper bonds. Reprint.

Considers aspects of male-female relationships in America today to determine the motivations behind male behavior

For hundreds of years it was common sense: women were the inferior sex. Their bodies were weaker, their minds feebler, their role subservient. Science has continued to tell us that men and women are fundamentally different. But a huge wave of research is now revealing that women are as strong, powerful, strategic, and smart as anyone else. Saini takes readers on a journey to uncover science's failure to understand women and to show how women's bodies and minds are finally being rediscovered.

Testosterone is neither the biological essence of manliness nor even the "male sex hormone." It doesn't predict competitiveness or aggressiveness, strength or sex drive. Rebecca Jordan-Young and Katrina Karkazis pry testosterone loose from more than a century of misconceptions that undermine science while making social fables seem scientific.

The bestselling classic that redefined our view of the relationship between beauty and female identity. Every day, women around the world are confronted with a dilemma – how to look. In a society embroiled in a cult of female beauty and youthfulness, pressure on women to conform physically is constant and all-pervading. In this iconic, gripping and frank exposé, Naomi Wolf exposes the tyranny of the beauty myth through the ages and its oppressive function today, in the home and at work, in literature and the media, in relationships between men and women, between women and women. With pertinent and intelligent examples, she confronts the beauty industry and its advertising and uncovers the
reasons why women are consumed by this destructive obsession.
‘Essential reading’ Guardian ‘A smart, angry, insightful book, and a clarion call to freedom. Every woman should read it’ Gloria Steinem

Barbie or Lego? Reading maps or reading emotions? Do you have a female brain or a male brain? Or is that the wrong question? On a daily basis we face deeply ingrained beliefs that our sex determines our skills and preferences, from toys and colours to career choice and salaries. But what does this mean for our thoughts, decisions and behaviour? Using the latest cutting-edge neuroscience, Gina Rippon unpacks the stereotypes that bombard us from our earliest moments and shows how these messages mould our ideas of ourselves and even shape our brains. Rigorous, timely and liberating, The Gendered Brain has huge repercussions for women and men, for parents and children, and for how we identify ourselves. ‘Highly accessible Revolutionary to a glorious degree’ Observer

Susan Brownmiller’s groundbreaking bestseller uncovers the culture of violence against women with a devastating exploration of the history of rape—now with a new preface by the author exposing the undercurrents of rape still present today Rape, as author Susan Brownmiller proves in her startling and important book, is not about sex but about power, fear, and subjugation. For thousands of years, it has been viewed as an acceptable “spoil of war,” used as a weapon by invading armies to crush the will of the conquered. The act of rape against women has long been cloaked in lies and false justifications. It is ignored, tolerated, even encouraged by governments and military leaders, misunderstood by police and security organizations, freely employed by domineering husbands and lovers, downplayed by medical and legal professionals more inclined to “blame the victim,” and, perhaps most shockingly, accepted in supposedly civilized societies worldwide, including the United States. Against Our Will is a classic work that has been widely credited with changing prevailing attitudes about violence against women by awakening the public to the true and continuing tragedy of rape around the globe and throughout the ages. Selected by the New York Times Book Review as an Outstanding Book of the Year and included among the New York Public Library’s Books of the Century, Against Our Will remains an essential work of sociological and historical importance.

Reviewers of this book have praised Christina Hoff Sommer’s well-reasoned argument against many feminists’ reliance on misleading, politically motivated ‘facts’ about how women are victimised.
Manifesto of the men's movement, arguing that the image of men holding the power in society is a myth. Holds that men and women are both oppressed by sex roles and social expectations. Indexed. Author of 'Why Men Are the Way They Are' has worked with men's organisations and the National Organisation of Women, and teaches at the School of Medicine of the University of California at San Diego.

In this book, Joseph Pleck examines and analyzes the full body of research literature on the male role that has appeared since the 1930s and subjects it to a devastating critique. He identifies the components of the "male sex role paradigm" which has been the basis of research for the past forty years, and notes numerous instances of blatant misrepresentation of data, twisted reinterpretations of disconfirming results, misogyny, homophobia, and class bias. He proposes a new theory, the "sex role strain paradigm," offers a reinterpretation of sex role stereotyping, and a critique of research by sociobiologists that allegedly demonstrates a biological basis for male aggression.

lies understanding. This is what bestselling author Warren Farrell discovered when he took a stand against established views of the male role in society, and pursued a course of study to find out who men really are. Here are the eye-opening, heart-rendering, and undeniably enlightening results

Carole Pateman is one of the foremost political theorists writing in English today. In this outstanding new work, she presents a major reinterpretation of modern political theory. She shows how standard discussions of social contract theory tell only half the story. The sexual contract which establishes modern patriarchy and the political right of men over women is never mentioned. In a wide-ranging and scholarly discussion, Pateman examines the significance of the political fictions of the original contract and the slave contract. She also offers a sweeping challenge to conventional understandings - of both left and right - of actual contracts in everyday life: the marriage contract, the employment contract, the prostitution contract and the new surrogacy contract. By bringing a feminist perspective to bear on the contradictions and paradoxes surrounding women and contract and the relation between the sexes, she is able to shed new light on the fundamental problems of freedom and subordination. The Sexual Contract will become a classic text in the politics of gender and will be of major interest to students of social and political theory and philosophy, women's studies, sociology and jurisprudence.

In Women Can't Hear What Men Don't Say, Dr. Warren Farrell
demonstrates how gender-based anger at home, in the workplace, in omnipresent media images, and throughout the overall culture combines with men's own fear of speaking out to misrepresent the inner and outer reality of men's lives. Looking at the world from the perspectives of both men and women, Dr. Farrell provides a remarkable communication program to assist couples in moving beyond the current tripwire assumptions that lead to so much gender-based conflict, and to allow them to understand and love each other more fully than ever. His methods are the culmination of thirty years of experience with thousands of men and women in workshops, groups, and seminars. They prove that strategies that create love at home can also produce success and respect in the workplace.

Released for the first time in paperback, this landmark social and political volume on feminism is credited with being responsible for raising awareness, liberating both sexes, and triggering major advances in the feminist movement. Reprint.

The bestselling author of Why Men Are the Way They Are sheds new light on the state of men in today's society, arguing that male power is a myth with startling and eye-opening facts. Farrell brilliantly illustrates how the male-as-oppressor image has fueled hatred between the sexes: making women feel angry and victimized and men unloved and unappreciated.

What is the boy crisis? It's a crisis of education. Worldwide, boys are 50 percent less likely than girls to meet basic proficiency in reading, math, and science. It's a crisis of mental health. ADHD is on the rise. And as boys become young men, their suicide rates go from equal to girls to six times that of young women. It's a crisis of fathering. Boys are growing up with less-involved fathers and are more likely to drop out of school, drink, do drugs, become delinquent, and end up in prison. It's a crisis of purpose. Boys' old sense of purpose—being a warrior, a leader, or a sole breadwinner—are fading. Many bright boys are experiencing a "purpose void," feeling alienated, withdrawn, and addicted to immediate gratification. So, what is The Boy Crisis? A comprehensive blueprint for what parents, teachers, and policymakers can do to help our sons become happier, healthier men, and fathers and leaders worthy of our respect.

Focuses on commonly held cultural myths as the basis for examining subtle forms of racial, sexual, gender and religious bias.

Meritocracy today involves the idea that whatever your social position at birth, society ought to offer enough opportunity and mobility for ‘talent’ to combine with ‘effort’ in order to ‘rise to the top’. This idea is one of
the most prevalent social and cultural tropes of our time, as palpable in the speeches of politicians as in popular culture. In this book Jo Littler argues that meritocracy is the key cultural means of legitimation for contemporary neoliberal culture – and that whilst it promises opportunity, it in fact creates new forms of social division. Against Meritocracy is split into two parts. Part I explores the genealogies of meritocracy within social theory, political discourse and working cultures. It traces the dramatic U-turn in meritocracy’s meaning, from socialist slur to a contemporary ideal of how a society should be organised. Part II uses a series of case studies to analyse the cultural pull of popular ‘parables of progress’, from reality TV to the super-rich and celebrity CEOs, from social media controversies to the rise of the ‘mumpreneur’. Paying special attention to the role of gender, ‘race’ and class, this book provides new conceptualisations of the meaning of meritocracy in contemporary culture and society.

Does biology help explain why women, on average, earn less money than men? Is there any evolutionary basis for the scarcity of female CEOs in Fortune 500 companies? According to Kingsley Browne, the answer may be yes. Biology at Work brings an evolutionary perspective to bear on issues of women in the workplace: the "glass ceiling," the "gender gap" in pay, sexual harassment, and occupational segregation. While acknowledging the role of discrimination and sexist socialization, Browne suggests that until we factor real biological differences between men and women into the equation, the explanation remains incomplete. Browne looks at behavioral differences between men and women as products of different evolutionary pressures facing them throughout human history. Women's biological investment in their offspring has led them to be on average more nurturing and risk averse, and to value relationships over competition. Men have been biologically rewarded, over human history, for displays of strength and skill, risk taking, and status acquisition. These behavioral differences have numerous workplace consequences. Not surprisingly, sex differences in the drive for status lead to sex differences in the achievement of status. Browne argues that decision makers should recognize that policies based on the assumption of a single androgynous human nature are unlikely to be successful. Simply removing barriers to inequality will not achieve equality, as women and men typically value different things in the workplace and will make different workplace choices based on their different preferences. Rather than simply putting forward the "nature" side of the debate, Browne suggests that dichotomies such as nature/nurture have impeded our understanding of the origins of human behavior. Through evolutionary biology we can understand not only how natural selection has created predispositions toward certain types of behavior but also how the social environment interacts with these predispositions to produce observed behavioral patterns.
Originally published in 1978, Black Macho and the Myth of the Superwoman caused a storm of controversy. Michele Wallace blasted the masculine biases of the black politics that emerged from the sixties. She described how women remained marginalized by the patriarchal culture of Black Power, demonstrating the ways in which a genuine female subjectivity was blocked by the traditional myths of black womanhood.

With a foreword that examines the debate the book has sparked between intellectuals and political leaders, as well as what has—and, crucially, has not—changed over the last four decades, Black Macho and the Myth of the Superwoman continues to be deeply relevant to current feminist debates and black theory today.

Applying data from over 150 tribal societies to scales developed to measure power and dominance, Sanday offers answers to basic questions regarding male and female power. The view that emerges conforms to no particular theoretical perspective.

Of all the writing that emerged from the existentialist movement, Simone de Beauvoir's groundbreaking study of women will probably have the most extensive and enduring impact. It is at once a work of anthropology and sociology, of biology and psychoanalysis, from the pen of a writer and novelist of penetrative imaginative power.

THE SECOND SEX stands, five decades after its first appearance, as the first landmark in the modern feminist upsurge that has transformed perceptions of the social relationship of man and womankind in our time.

What Betty Friedan, Simone de Beauvoir, and Naomi Wolf did for feminism, senior editor of The Atlantic Hanna Rosin does for a new generation of women: an explosive new argument for why women are winning the battle of the sexes. Women are no longer catching up with men. By almost every measure, they are out-performing them. Women in Britain hold half the jobs. Women own over 40% of China's private businesses. 75% of couples in fertility clinics are requesting girls, not boys. Women will outnumber men in the UK medical profession by 2017. In 1970, women in the US contributed to 2-6% of the family income. Now it is 42.2% This is an astonishing time. In a job market that favours people skills and intelligence, women's adaptability and flexibility makes them better suited to the modern world. In The End of Men, Hanna Rosin reveals how this has come to pass and explains its implications for marriage, sex, children, work, families and society. Exposing old assumptions and drawing on examples from across the globe, Rosin shows us how we must all adapt to a radically new way of working and living. 'One of the most controversial books since Naomi Wolf's The Beauty Myth' Stylist 'Explosive' Daily Mail 'Fascinating' Sunday Times
An updated edition of the Sunday Times Bestseller Britain's best-known classicist Mary Beard, is also a committed and vocal feminist. With wry wit, she revisits the gender agenda and shows how history has treated powerful women. Her examples range from the classical world to the modern day, from Medusa and Athena to Theresa May and Hillary Clinton. Beard explores the cultural underpinnings of misogyny, considering the public voice of women, our cultural assumptions about women's relationship with power, and how powerful women resist being packaged into a male template. A year on since the advent of #metoo, Beard looks at how the discussions have moved on during this time, and how that intersects with issues of rape and consent, and the stories men tell themselves to support their actions. In trademark Beardian style, using examples ancient and modern, Beard argues, 'it's time for change - and now!' From the author of international bestseller SPQR: A History of Ancient Rome.

Michèle Wallace blasts the masculinist bias of 1960s Black politics, showing how women remained marginalised by the patriarchal culture of Black Power. She describes the ways in which traditional, male-identified myths of Black womanhood block the development of a separate female subjectivity. With the original publication of this book, she aroused protest from intellectual and political leaders touching off a debate which continues to resonate through current feminist and black theory.

From the TIME 100 author of the Sunday Times and number 1 New York Times bestseller So You Want to Talk About Race, a subversive history of white male American identity -- now with a new preface. 'One of the most admired writers and "internet yellers" around [Mediocre is] ever more vital Oluo's meeting the time -- this movement against white supremacy and systems of oppression. But the question she keeps asking in her work: Are we?' IBRAM X KENDI 'Mediocre paints an urgent, honest picture of how white male identity has spawned unrest in the country's political ideology It's a necessary read for the world we live in' CHIDOZIE OBASI, Harper's Bazaar '[Ijeoma's] books don't come from a place of hate, but of determination to make change [Mediocre is] another amazing book' TREVOR NOAH on The Daily Show What happens to a country that tells generation after generation of white men that they deserve power? What happens when success is defined by status over women and people of colour, instead of actual accomplishments? Through the last 150 years of American history -- from the post-Reconstruction South and the mythic stories of cowboys, to the present-day controversy over NFL protests and the backlash against the rise of women in politics -- Ijeoma Oluo exposes the devastating consequences of white male supremacy on women, people of colour, and white men themselves. As provocative as it is essential, Mediocre investigates the real costs of white male power in
order to imagine a new white male identity, one free from racism and sexism. '[An] analytical and compassionate book' New Statesman 'Deftly combines history and sociological study with personal narrative, and the result is both uncomfortable and illuminating' Washington Post 'Ijeoma's sharp yet accessible writing about the American racial landscape made her 2018 book So You Want to Talk About Race an invaluable resource . . . Mediocre builds on this exemplary work, homing in on the role of white patriarchy in creating and upholding a system built to disenfranchise anyone who isn't a white male' TIME

Are girls taking over the world? It would appear so, based on magazine covers, news headlines, and popular books touting girls’ academic success. Girls are said to outperform boys in high school exams, university entrance and graduation rates, and professional certification. As a result, many in Western society assume that girls no longer need support. But in spite of the messages of post-feminism and neoliberal individualism that tell girls they can have it all, the reality is far more complicated. Smart Girls investigates how academically successful girls deal with stress, the “supergirl” drive for perfection, race and class issues, and the sexism that is still present in schools. Describing girls’ varied everyday experiences, including negotiations of traditional gender norms, Shauna Pomerantz and Rebecca Raby show how teachers, administrators, parents, and media commentators can help smart girls thrive while working toward straight As and a bright future.

Popular assumptions about gender and communication - famously summed up in the title of the massively influential 1992 bestseller Men Are From Mars, Women Are From Venus - can have unforeseen but far-reaching consequences in many spheres of life, from attitudes to the phenomenon of 'date-rape' to expectations of achievement at school, and potential discrimination in the work-place. In this wide-ranging and thoroughly readable book, Deborah Cameron, Rupert Murdoch Professor of Language and Communication at Oxford University and author of a number of leading texts in the field of language and gender studies, draws on over 30 years of scientific research to explain what we really know and to demonstrate how this is often very different from the accounts we are familiar with from recent popular writing. Ambitious in scope and exceptionally accessible, The Myth of Mars and Venus tells it like it is: widely accepted attitudes from the past and from other cultures are at heart related to assumptions about language and the place of men and women in society; and there is as much similarity and variation within each gender as between men and women, often associated with social roles and relationships. The author goes on to consider the influence of Darwinian theories of natural selection and the notion that girls and boys are socialized during childhood into different ways of using language,
before addressing problems of 'miscommunication' surrounding, for example, sex and consent to sex, and women's relative lack of success in work and politics. Arguing that what linguistic differences there are between men and women are driven by the need to construct and project personal meaning and identity, Cameron concludes that we have an urgent need to think about gender in more complex ways than the prevailing myths and stereotypes allow. A compelling and insightful read for anyone with an interest in communication, language, and the sexes.

The first edition of this book was lavishly praised by many authorities as the most formidable demonstration of an unpopular truth: males rule in all societies known to history or anthropology, for reasons arising from innate physiology, a brute fact that can never be conjured away by tinkering with social institutions. This new edition has been completely rewritten in the light of two decades of scholarship and debate, taking account of all published criticisms of earlier editions.

This timely manifesto calls for a future free from gender-based assumptions about human potential. Written by the internationally renowned neuroscientist whose game-changing research debunks the myth of male and female brains. For generations we've been taught that women and men differ in profound ways. Women are supposedly more sensitive and cooperative, whereas men are more aggressive and sexual because this or that region in the brains of women is larger or smaller than in the brains of men, or because they have more or less of this or that hormone. This story seems to provide us with a neat biological explanation for much of what we encounter in day-to-day life. It's even sometimes used to explain why, for example, most teachers are women and most engineers are men. But is it true? Using the ground-breaking results from her own lab and from other recent studies, neuroscientist Daphna Joel shows that it is not. Instead, argues Joel, every brain - and every human being - is a mosaic, or mixture, of 'female' and 'male' characteristics. With urgent practical implications for the world around us, this is a fascinating look at gender - how it works, its history and its future - and a sorely needed investigation into the false basis of our most fundamental beliefs. Perfect for readers of Mary Beard's Women & Power, Cordelia Fine's Testosterone Rex, Chimamanda Ngozi Adichie's We Should All Be Feminists and Gina Rippon's The Gendered Brain. 'Brilliantly accessible. Gender Mosaic takes you on a fascinating scientific journey that will transform how you think about sex, gender and the brain.' Cordelia Fine, author of Testosterone Rex 'A power-packed manifesto that envisions what our world might look like if we let go of tired gender stereotypes.' - Sarah Richardson, author of Sex Itself 'Gender Mosaic is the book I've been waiting for! Enlightening, funny and never dogmatic, Joel plumbs the science, offering great insights into how
moving beyond that stale story of the male and female brain could improve medicine, education, careers and relationships.' - Rebecca Jordan-Young, author of Brain Storm 'Joel and Vikhanski offer a fascinating glimpse of what's possible when we liberate ourselves from the myth of pink and blue brains.' - Lise Eliot PhD, Professor of Neuroscience, Rosalind Franklin University of Medicine and Science 'This is a fantastic book. It is one of the best books about sex, gender, biology, and the brain - and the social implications of these issues - that I have ever read. The writing is clear, captivating, and concise - and the content is groundbreaking. This is a visionary and brave book.' - Rebecca S. Bigler, Professor Emeritx of Psychology, University of Texas at Austin

Does sexism against men exist? What it looks like and why we need to take it seriously This book draws attention to the "second sexism," where it exists, how it works and what it looks like, and responds to those who would deny that it exists. Challenging conventional ways of thinking, it examines controversial issues such as sex-based affirmative action, gender roles, and charges of anti-feminism. The book offers an academically rigorous argument in an accessible style, including the careful use of empirical data, and includes examples and engages in a discussion of how sex discrimination against men and boys also undermines the cause for female equality.

*THE SUNDAY TIMES NUMBER ONE BESTSELLER* 'HELL YES. This is one of those books that has the potential to change things - a monumental piece of research' Caitlin Moran Imagine a world where · Your phone is too big for your hand · Your doctor prescribes a drug that is wrong for your body · In a car accident you are 47% more likely to be injured. If any of that sounds familiar, chances are you're a woman. From government policy and medical research, to technology, workplaces, and the media. Invisible Women reveals how in a world built for and by men we are systematically ignoring half of the population, often with disastrous consequences. Caroline Criado Perez brings together for the first time an impressive range of case studies, stories and new research from across the world that illustrate the hidden ways in which women are forgotten, and the profound impact this has on us all. Discover the shocking gender bias that affects our everyday lives. 'A book that changes the way you see the world' Sunday Times 'Revelatory, frightening, hopeful' Jeanette Winterson

What are the real reasons women earn less than men? What can they do about it? Find out in a new expos(r) from the bestselling author of "The Myth of Male Power."